Digital SAT Study Guide

Free printable plan from TestLessons. Official practice first (Bluebook). Built for a busy student or a parent helping one.

Edition 1 · November 2026

This is Edition 1 (about 20 pages). Later editions will grow into a longer ebook with deeper Reading and Writing, Math, and practice modules — same structure, more drills.

Please read (AS-IS)

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— The TestLessons team

How to use this guide

- Print it or keep it on a tablet next to Bluebook. Write in the blanks.
- Start with Chapter 1 (what the test is) if you are new. Skip to Chapter 3 (your plan) if you already have a Bluebook practice score.
- After every timed set, fill one row in the Miss Log. Fix the two “why” labels that show up most before you chase new topics.
- Trust full Bluebook practice tests for your real level. Use Khan Academy and this guide between those tests.
- Optional chat prompts on testlessons.com are study help only — not a practice test and not a score predictor.

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Roadmap toward a longer ebook (~200 pages)

Edition 1 is the spine. Later editions add drills and worked examples under the same part numbers — you will not have to relearn a new layout.

Part I — Orientation: now Ch. 1–3 (~5 pages); later Stay lean; add SAT vs ACT decision worksheet and device/setup checklist.

Part II — Reading and Writing: now Ch. 4 (~3 pages); later Grow to ~60 pages: Information & Ideas, Craft & Structure, Expression of Ideas, Conventions — with short drills per skill.

Part III — Math: now Ch. 5 (~3 pages); later Grow to ~70 pages: Algebra, Advanced Math, Problem-Solving & Data Analysis, Geometry/Trig, Desmos clinic, SPR clinic.

Part IV — Practice systems: now Ch. 6–7 (~3 pages); later ~30 pages: fuller miss-log templates, pacing sheets, full-test review scripts.

Part V — Plans by timeline: now Ch. 8–9 (~3 pages); later ~20 pages: 2-week, 8-week, and 12-week tracks with checkboxes.

Part VI — Parents and logistics: now Ch. 10–11 (~2 pages); later ~10 pages: calendar, cost decisions, test-day logistics.

Part App — Appendices: now A + Sources (~2 pages); later ~10 pages: glossary, official link index, optional AI prompt map.

Chapter 1 · What the Digital SAT is

The Digital SAT is one of the two main college admissions tests in the U.S. (the other is the ACT). It comes from the College Board. You take it on a laptop or tablet — not a paper booklet. The software is a free app called Bluebook. Schools and test centers use the same Bluebook app on test day, so download it once, practice in it, and you already know the buttons when it counts.

There are two halves: Reading and Writing, then Math. Each half is split into two timed chunks called modules. Module 1 is simply the first chunk of that half; Module 2 is the second chunk. How you do on Module 1 decides whether Module 2 is generally harder or easier. Your section score uses both modules, and College Board says a range of scores is possible either way, so do your best on every question.

Plan on about 2 hours and 14 minutes of testing, plus a 10-minute break. Total score is 400–1600 (200–800 on each half). College Board says it's better to guess than to leave a question blank. Math allows a calculator the whole time, including Desmos (a graphing tool built into Bluebook). Reading and Writing uses short passages — often one short text and one question — not the long multi-page passages from the old paper SAT.

A full practice test inside Bluebook is the best check on your score. On TestLessons, a free prompt is a ready-made study script: you copy it from the site, paste it into ChatGPT, Claude, Grok, or another chat app you already use, fill any blanks with your real scores or goals, and use the reply as a coach between practice tests. It does not give you an official College Board score. If you already know the format, skip ahead, circle one situation in Start Here, and do that list.

Format facts (verify on College Board if anything looks stale)

- Two sections, Reading and Writing first, then Math, with a 10-minute break between them. Testing time is 2 hours 14 minutes.
- Reading and Writing: 54 questions in 64 minutes, in two modules of 27 questions and 32 minutes each.
- Math: 44 questions in 70 minutes, in two modules of 22 questions and 35 minutes each.
- Each module includes 2 unscored trial questions that College Board uses to test future questions. You can't tell which ones they are, so answer every question.
- Most questions are multiple choice with four answer choices. Some Math questions ask you to type in your answer instead.
- Adaptive: the first module has a mix of difficulty levels. How you do on it sets whether the second module is generally harder or easier. Your section score is based on both modules.
- Within a module you can skip questions, mark them and come back. After a module ends you can't go back to it.
- A calculator is allowed on every Math question. Use Bluebook's built-in graphing calculator (Desmos) or bring an approved calculator.
- Scoring: 400–1600 total, from two section scores of 200–800. College Board says it's better to guess than to leave a question blank.

Module 1 — the first timed chunk of each half

Each half of the test (Reading and Writing, and Math) has two timed chunks called modules. Module 1 is the first chunk. Module 2 is the second. Your accuracy on Module 1 routes you into a harder or easier Module 2. If you land in the easier Module 2, that does not lock in your score: College Board says a range of section scores is possible either way, and your section score uses both modules. You also can't go back to a module after it ends. So do your best on every question in both modules.

- Reading and Writing: 64 minutes, 54 questions, two modules of 32 minutes each
- Math: 70 minutes, 44 questions, two modules of 35 minutes each; Desmos calculator available on every Math question
- Some Math answers you type in yourself inside Bluebook (not paper bubble grids)
- About 2 hours 14 minutes of testing plus a 10-minute break; score 400–1600; College Board says it's better to guess than to leave a question blank
- Within a module you can skip a question, mark it and come back; after a module ends you can't return to it

Format facts on this page come from College Board's digital SAT pages, checked October 2026. Check collegeboard.org before you register, because rules and details can change.

Chapter 2 · Bluebook first

Bluebook is College Board's free app for Digital SAT practice and for the real test. A full practice test in Bluebook is the best check of where you stand. Chatbots, random worksheets, and old paper-SAT books are not the same difficulty or format.

Tonight (or this weekend)

[ ] Download Bluebook from bluebook.collegeboard.org on the device you plan to use
[ ] Complete exam setup so you know how the app feels
[ ] Schedule one full practice test under real timing this week
[ ] Bookmark Khan Academy Official Digital SAT for skill work between tests (khanacademy.org/digital-sat)
[ ] Write your test date (or target month) on the plan page in Chapter 3

Official first

Score you can trust → Bluebook full practice test. Skill gaps → Khan Academy Official Digital SAT + College Board "What's on the SAT." Planning between tests → this guide and testlessons.com/tests/sat/free-prep-stack/. Optional chat prompts → last, and never instead of Bluebook.

Prep principles we stand behind

- Take a full practice test in Bluebook when you want a real check of your timing and score.
- Review wrong answers the same day. Chat tools can help you plan, but they cannot tell you your official score.
- Try your best on both modules in each section. The first one sets how hard the second one is, and your score is based on both.
- In Reading and Writing, back every answer with words from the passage. An answer that is true in real life but not in the text is wrong.
- In Math, decide quickly whether to graph it in Desmos or solve it with algebra. Don't try both until time runs out.
- After practice, label each wrong answer: didn't know it, wrong method, careless slip, or ran out of time. Then fix the two labels that show up most.

Chapter 3 · Pick your path and write a plan

The three boxes below are not three different tests and not secret “tracks.” They are just three common situations: you have never finished a full Bluebook practice test yet; you already have a practice score and weeks left; or test day is about two weeks away. Read them, circle the one that matches you tonight, and only do that box’s checklist. Ignore the other two until your situation changes.

No practice score yet

When: You have not finished a full Digital SAT practice test in the Bluebook app (or a school digital practice) yet

Tonight:

- [ ] Download the free Bluebook app on the same kind of device you will use on test day, and finish the app’s exam setup
- [ ] Block about 2½ quiet hours this week for one full practice test in Bluebook (setup + break + both halves)
- [ ] When scores appear, write them under Your study plan below, then open the Score Plan free prompt on testlessons.com/tests/sat/ (copy → paste into your chat app)

Official first: Finish Bluebook practice test #1 before long AI study sessions

I have a score · 4–10 weeks left

When: You already have at least one full Bluebook (or school digital) score

Tonight:

- [ ] Open the Score Plan free prompt on testlessons.com/tests/sat/ and paste your section scores and the skill notes Bluebook shows
- [ ] From your last test, label each wrong answer: didn’t know it · wrong method · careless · timing
- [ ] Circle the two labels that show up most — that is this week’s study focus, not random new chapters

Official first: Put the next full Bluebook practice test on the calendar (about every 2 weeks)

Final 2 weeks

When: Test day is 14 days away or closer

Tonight:

- [ ] Stop starting brand-new topics or giant new books
- [ ] Open the Test Day free prompt on testlessons.com/tests/sat/ and build a simple 3-day plan (logistics + light review only)
- [ ] At most one short mixed practice set; protect sleep and stay careful on every question

Official first: Skip a brand-new full practice test in the last 2–3 days unless you still need a calm timing run

Your study plan (fill in)

Bluebook practice tests and Khan Academy's official Digital SAT course are free.

Test date

Current practice score (Total (400–1600))

Target score (Total (400–1600))

Hours per week you can really protect

Colleges / middle 50% ranges you checked

Pick a target from each college's middle 50% SAT range (admissions site or Common Data Set) — not a random round number. The range is the middle half of enrolled students' scores, not a hard cutoff.

Phased checklist

Tags: no tag = do first even on a short timeline. [6+ weeks] and [12+ weeks] = add when you have more time.

1. Baseline · Week 1

[ ] Install Bluebook on the device you will test on

[ ] Take one full Bluebook practice test under real timing

[ ] Label every miss: didn't know / wrong method / careless / timing

[ ] Learn how the two modules and Desmos work in Bluebook (testlessons.com/lessons/sat-digital-habits/) [6+ weeks]

2. Build · Middle weeks

[ ] Work your two weakest skills in Khan Academy's free Digital SAT course

[ ] Math: use our free Math clinic for your weakest topic (testlessons.com/tests/sat/math/)

[ ] Reading and Writing: practice evidence questions (testlessons.com/lessons/sat-rw-evidence/)

[ ] Practice Math in Desmos inside Bluebook (testlessons.com/lessons/sat-math-desmos/) [6+ weeks]

[ ] Drill algebra and linear systems if they show up in your misses (testlessons.com/lessons/sat-math-algebra/) [6+ weeks]

[ ] Fix student-produced response (fill-in) habits (testlessons.com/lessons/sat-math-spr/) [12+ weeks]

[ ] Re-do every missed question a week later without looking [6+ weeks]

3. Test and adjust · Every 2–3 weeks

[ ] Take the next full Bluebook practice test

[ ] Re-pick your two focus skills from the newest misses

[ ] Take another Bluebook test 2–3 weeks later [12+ weeks]

4. Final weeks · Last 14 days

[ ] One last full practice test about 7–10 days out [6+ weeks]

[ ] Review your miss log only; no big new topics

[ ] Check your admission ticket, ID and device rules on College Board

Pick a Real Target Score

Look up each college on your list and find the middle 50% SAT range (often on the admissions site or the school's Common Data Set). That range is the middle half of enrolled students' scores — not a cutoff carved in stone. A sensible target usually sits near the middle or upper end of the schools you care about most. The three bands below are only rough context, not promises.

Chapter 4 · Reading and Writing

Reading & Writing is 64 minutes and 54 questions across two 32-minute adaptive modules (~27 questions each). Short passages — often one paragraph — not multi-page paper-SAT novels. Four domains: Information and Ideas, Craft and Structure, Expression of Ideas, and Standard English Conventions. Module 1 still routes Module 2; soft focus on early “easy” grammar or evidence items is a real leak. This clinic is for mid-tail problems friends actually hit: training on old long passages, true-in-real-life traps, transition-by-feel, and rhetorical synthesis dumps. AI prompts build habits between sets; a full Bluebook Reading and Writing section is the real check of your score.

Module shape

Module 1 (~27 questions · 32 min)

- Mix of Information & Ideas, Craft & Structure, Expression of Ideas, Conventions
- Sets Module 2 routing
- Keep moving—do not perfection-spiral on one stem

Module 2 (~27 questions · 32 min)

- Harder or easier path based on Module 1
- Hard path: denser reasoning and subtler evidence
- Same four content domains

What to practice (name the skill)

Short Passages (Not Paper Passages)

Digital Reading and Writing items are usually a short text plus one question. Primary training should be discrete short passages under module timing — not multi-page fiction stamina as the main mode. Annotation marathons that worked on paper often burn the 32-minute bank.

Evidence-First Method

Information and Ideas: restate the question, find the supporting span, then choose. Outside knowledge that is true in real life but unsupported by the stem is a common wrong door. If you cannot point to the span, you do not have an answer yet.

Module 1 Routing On Reading and Writing

Same multistage adaptive idea as Math: Module 1 performance routes Module 2 easier or harder. Treat early conventions and short evidence items as real points, not a casual warmup.

Expression Of Ideas + Conventions

High-frequency Expression work: transitions (name contrast/cause/example/addition) and rhetorical synthesis (read the student goal first; keep only bullets that serve it). Conventions: name the rule (subject-verb, pronoun, modifier, punctuation) before you pick by ear.

Common Reading and Writing traps

Paper-Passage Training

Digital Reading and Writing is short passages and discrete items. Practice one-paragraph texts under module timing. Do not build stamina on five-page fiction as your primary mode.

True In Real Life

If the stem does not support it, it is wrong. Underline the claim the question asks; match only text-backed options. Outside knowledge is a trap door.

Evidence After The Guess

Evidence-first: restate the question, find the supporting span, then choose. If you cannot point to the text, you do not have an answer yet.

Transition By Vibe

Name the relationship before you pick: contrast, cause, example, addition. Read the sentence before and after the blank as a mini logic pair — not as decoration.

Rhetorical Synthesis Dump

Read the student goal first (emphasize X, mention only Y). Keep bullets that serve the goal; cut the rest. Extra true facts that miss the goal still miss.

Grammar As Feelings

For conventions items, name the rule: subject-verb, pronoun, modifier, punctuation boundary. If you cannot name it, slow down and parse the core sentence without the fluff.

Evidence-first (use on every Information & Ideas question)

1) Restate what the question asks in a few words. 2) Find the sentence or span in the passage that answers it. 3) Only then look at the choices. If a choice is true in real life but the passage does not support it, it is wrong.

[ ] This week: one timed Reading and Writing module (32 minutes) in Bluebook or official practice

[ ] Label misses: outside knowledge, missed evidence, transition vibe, conventions by ear, timing

[ ] Drill only the top two labels (Khan + testlessons.com/lessons/sat-rw-evidence/)

[ ] Stop training primarily on long multi-page fiction passages — that matches the old paper test

Chapter 5 · Math

Digital SAT Math is 70 minutes and 44 questions. It is split into two timed parts called modules (about 22 questions and 35 minutes each). How you do on Module 1 decides whether Module 2 is harder or easier, so careful work early matters more than racing ahead. You can use a calculator the whole time, including Desmos (the built-in graphing calculator in College Board's free Bluebook practice app). Some questions are fill-in answers—also called student-produced responses (SPR)—and on the digital test those can be negative (unlike many old paper "grid-in" rules). Topics fall into four areas: Algebra; Advanced Math; Problem-Solving and Data Analysis; and Geometry and Trigonometry. This page explains the format in plain language, names common mistakes, and gives short drills and copy-and-paste study prompts. A full timed Math section in Bluebook (both modules) is still the practice score you can trust.

Module shape

Module 1 (~22 questions · 35 min)

- Mix of easier and harder questions used to place you for Module 2
- Aim for high accuracy—this sets whether Module 2 is harder or easier
- Mark hard questions and come back if you have time

Module 2 (~22 questions · 35 min)

- Harder or easier set based on how Module 1 went
- On the harder path: more multi-step and advanced math
- Same tools: your calculator, Desmos graphing, and fill-in (SPR) items

College Board content areas (study by name)

- Algebra — linear equations, systems, inequalities
- Advanced Math — nonlinear equations, equivalent expressions
- Problem-Solving and Data Analysis — rates, percentages, ratios, scatterplots
- Geometry and Trigonometry — figures, right triangles, circles (not only a geometry marathon)

Module 1 and Adaptive Scoring

Math adapts inside the section: your Module 1 results send you to a harder or easier Module 2. An easier Module 2 limits how high your Math score can go. Protect easy and medium Module 1 accuracy before spending too long on late hard questions.

Desmos Graphing vs Algebra

A calculator—including Desmos, the built-in graphing tool—is allowed on every Math question. That does not mean open Desmos first every time. One clean linear equation or simple rearrange → algebra. Systems, intersections, tables, and messy graphs → Desmos. Graphs and windows from Module 1 do not carry into Module 2, so plan a short reopen at the module break.

Fill-In Answers (SPR)

Fill-in answers (student-produced responses, or SPR) are not the old paper grid-in. Negatives are allowed. Positive answers up to 5 characters; negatives up to 6 including the minus sign. Do not type %, commas, or $. Use fractions or decimals the way Bluebook allows. Practice typing answers in Bluebook, not on paper bubble sheets.

What Topics Show Up

Algebra (linear equations, systems, inequalities); Advanced Math (nonlinear equations, equivalent expressions); Problem-Solving and Data Analysis (rates, percentages, ratios, scatterplots); Geometry and Trigonometry (figures, right triangles, circles—not only a geometry marathon). When you study weak spots, name one of these areas instead of doing a random worksheet.

Common Math traps

Rushing Through Module 1

Module 1 accuracy matters: it decides whether your Module 2 is easier or harder. College Board says a range of section scores is possible whichever Module 2 you see, so neither one is a verdict. Still, slow down on Module 1: bank easy points, and only flag a question after a real first try. Your score reflects the difficulty of the questions you get right, so a careless miss on an easy item usually costs more than missing one very hard one.

Desmos on Every Question

Take five seconds to choose a tool: clean algebra or one equation → pencil/algebra; systems, intersections, or messy graphs → Desmos. Switching tools back and forth wastes more time than one careful setup. Mark A (algebra) or D (Desmos) in the notepad before you solve.

Old Paper Grid-In Rules

Digital fill-in answers (SPR) allow negatives. Positives up to 5 characters; negatives up to 6 including the minus. No %, commas, or $. Practice typing in Bluebook, not on paper grids. A correct value typed wrong still scores wrong.

Assuming Desmos Keeps Your Graphs

Desmos does not carry from Module 1 into Module 2. Spend 20–30 seconds at the start of Module 2 reopening what you need. Do not rebuild mid-question in a panic on the first hard-path item.

Skipping Units or “Percent of What?”

Before you submit, reread what the question asked: rate, total, percent of what, per-unit amount? Circle the target unit in the notepad. Wrong-unit answers are free points given away, especially on Problem-Solving and Data Analysis.

Linear Story, Exponential Truth

Ask: same amount each step (linear) or same factor/percent each step (exponential)? Match the model before you graph or solve. Advanced Math often tests this swap.

Desmos or algebra in five seconds

Clean one-equation rearrange → pencil/algebra. Systems, intersections, tables, messy graphs → Desmos. Mark A or D on scratch paper before you solve. Graphs from Module 1 do not carry into Module 2 — plan a short reopen after the module break.

Fill-in answers (SPR) — digital rules, not old paper grids

Negatives are allowed. Positive answers up to 5 characters; negatives up to 6 including the minus. Do not type %, commas, or $. Practice typing answers in Bluebook, not on paper bubble sheets. More: testlessons.com/lessons/sat-math-spr/

[ ] This week: one timed Math module (35 minutes) with real Desmos use

[ ] Bank easy Module 1 points — do not rush the “warmup”

[ ] Drill your weakest named content area in Khan (not a random worksheet pile)

[ ] Re-enter every missed SPR in Bluebook without looking at the key

Chapter 6 · Traps that cost real points

These four show up again and again. Fix them before you buy another book.

Reading and Writing: answer only from the passage

A choice can be true in the real world and still be wrong if the passage does not support it. Underline or highlight the sentence that proves the answer before you lock it in.

Math: choose Desmos or algebra fast

Not every question needs a graph. Pick one path in a few seconds. Switching back and forth until the timer dies is how easy points disappear.

Do your best on both modules

Module 1 (the first timed chunk) sets how hard Module 2 is, and your section score uses both. Use the full time in each module, and check your answers before the clock runs out.

AI practice is not the same difficulty as Bluebook

Use chat prompts to learn patterns and plan. Trust full Bluebook practice tests when you want to know where the score really sits.

Also skip

- Old paper-only SAT books as your main path (wrong timing and passage length).
- Treating chatbot question banks as the same difficulty as Bluebook.
- Buying three workbooks before one Bluebook practice test.
- Waiting until test day to try the built-in calculator.

Chapter 7 · Miss Log (printable)

Use the blank table below like a simple notebook grid. After every timed set or full Bluebook practice test, add one row per question you missed. Write the date, which half (Reading and Writing or Math), why it went wrong, what the question was about, and what you will fix tomorrow. Why labels: didn't know it, wrong method, careless slip, or ran out of time. Do not only mark the right answer and move on — fix the two why-labels that show up most before you jump to random new topics.

* Why: didn't know it (content gap) · wrong method (bad process) · careless slip · ran out of time

Date	Section	Why*	What I missed	Fix tomorrow

Second miss-log page (keep going)

Date	Section	Why*	What I missed	Fix tomorrow

Chapter 8 · Default ~8-week skeleton

Use this if you have roughly two months. If you have less time, keep Baseline and Final week, and compress the middle. Always protect full Bluebook practice tests on the calendar.

Week 1 · Get a real baseline and learn the format

[ ] Install Bluebook and finish one full practice test
[ ] Write baseline scores and target (from college middle 50% ranges) under Your study plan
[ ] After the test, fill the Miss Log (why you missed each one) the same day

Weeks 2–3 · Practice the skills that show up most

[ ] Math most days: core algebra plus simple Desmos use on a timer
[ ] Reading and Writing: grammar/conventions and transitions; always prove the answer from the passage
[ ] Two timed modules per week (one Math, one Reading and Writing)
[ ] Re-solve the reason you miss most often from the Miss Log without looking at the key

Weeks 4–5 · Practice under real module timing

[ ] Mixed sets using the real module time limits
[ ] Repair only the top two reasons you miss questions (from that table)
[ ] Second full Bluebook practice test; compare skill areas to the first test
[ ] Update your target and hours on the Chapter 3 plan page with the new numbers

Weeks 6–7 · Push accuracy in both modules

[ ] Harder mixed practice; stay careful on every question in both modules
[ ] Review only your written wrong-answer notes — no random new topics
[ ] Third full practice test
[ ] If process or Desmos is the leak, use testlessons.com/lessons/sat-math-desmos/

Week 8 / final days · Taper and get ready for test day

[ ] Light review of your personal wrong-answer patterns
[ ] Walk the Final 72 hours checklist in Chapter 11
[ ] Sleep, logistics, Bluebook ready — stop cramming new content

Chapter 9 · A simple week

- 1–2 times a week: a Bluebook practice test, or a full Math or Reading and Writing section. Review the same day.
- Most other days: Khan Academy or a short review of the 1–2 question types you missed. Short sessions beat marathon cramming.
- After a score report: update Chapter 3 blanks, then work only the top two Miss Log labels.
- Avoid: six chatbot “practice tests” and zero Bluebook tests. It feels like prep but does not show your real level.

Who does what

- Real practice tests and your score → Bluebook (College Board)
- Skill lessons → Khan Academy Official Digital SAT
- Written plan + miss log → this Study Guide
- Section clinics → testlessons.com/tests/sat/math/ and /tests/sat/reading/
- Calculator comfort → Desmos inside Bluebook (or desmos.com)
- Books and paid courses → optional after a practice-test baseline (see Resources on the site)

Weekly check-in (fill in)

Week of

Bluebook / section practice done?

Top Miss Log label this week

One skill I will drill next

Hours I actually studied

Chapter 10 · For parents (about 90 seconds)

- Bluebook is College Board's free official app for practice and for the real Digital SAT. A full practice test there is the best check of your score. Chat tools can be a tutor between tests — not a replacement proctor or a guaranteed score.
- Skip expensive courses and old paper-SAT books that still train long reading passages or "no calculator" Math. Those match a test your child is not taking.
- Help with the calendar: quiet blocks for full practice tests, sleep, charged device, admission ticket, ID. You do not need to re-grade every homework problem.
- Still choosing SAT vs ACT? Read testlessons.com/tests/sat-vs-act/ once before buying two full prep piles.
- Steady Bluebook practice tests plus a habit of writing wrong answers and why beat last-week cramming. Encouragement helps more than score lectures.
- Longer parent walkthrough: testlessons.com/lessons/sat-for-parents/

Parent logistics checklist

[ ] Test date on the family calendar with arrival time

[ ] Device charged; Bluebook opens a practice test on that device

[ ] Admission ticket / school instructions saved offline

[ ] Photo ID rules checked for your test center

[ ] Quiet block protected for at least one full practice test this month

[ ] Agreement: student owns the Miss Log; parent owns logistics and encouragement

Chapter 11 · Final 72 hours

- [ ] Bluebook is installed and a practice test opens on the device you will use
- [ ] Admission ticket or school instructions are printed or saved offline
- [ ] Charger packed, plus a pen or pencil (scratch paper is provided); backup calculator if your child uses one; break snacks/water only if the ticket or center allows them
- [ ] You know start time, arrival time, and ID rules
- [ ] Light review only of patterns from the wrong-answer table above — no new textbooks
- [ ] If nerves or logistics feel messy, rewrite a one-page plan: arrival, ID, device, break
- [ ] Sleep beats one more practice set the night before

Test day itself: follow Bluebook and center instructions. Do your best on every question in both modules. Guess rather than leave blank if time is almost gone.

Chapter 12 · Free stack and next steps

You do not need an expensive course to start. Keep this order:

1. Bluebook practice tests — bluebook.collegeboard.org
2. Khan Academy Official Digital SAT — khanacademy.org/digital-sat
3. College Board format pages — satsuite.collegeboard.org/sat/whats-on-the-test
4. This Study Guide + free path — testlessons.com/tests/sat/free-prep-stack/
5. Section help — testlessons.com/tests/sat/math/ and /tests/sat/reading/
6. Optional: Self-Assess quiz — testlessons.com/tests/sat/approach/
7. Optional: chat prompts on the hub — last, and never instead of Bluebook

Start tonight

[ ] Install or open Bluebook; schedule one full practice test this week if you have not taken one
[ ] Fill Chapter 3 blanks (date, hours, target from a real college middle 50%)
[ ] Bookmark Khan Digital SAT
[ ] Print or save this PDF where you will actually see it

Appendix A · Optional AI study prompts

AI prompts are optional. They sit last on purpose. Official Bluebook practice is still the real check of your score. If you use a chat app, paste a prompt, get a plan or explanation, then close the chat and return to Bluebook or Khan.

When a prompt can help

Score Plan: right after you take a full practice test in Bluebook and want a two-week plan built from your real scores.

Done when: A dated 14-day plan aimed at your top 3 fixes, with the next official practice on the calendar

Missed Question: after reviewing a Bluebook practice test. Paste one question you got wrong. Use it on your 3–5 most important misses.

Done when: You can say why the right answer is right, name your mistake, and you have a rule for next time

Practice (5): when your score report or list of misses points to one skill and you want a short set of practice questions before your next Bluebook practice test.

Done when: Five practice questions on one skill done and misses logged. Then check your progress on a Bluebook practice test

Test Day: three days before your test, to plan light review, logistics and sleep.

Done when: Logistics confirmed on the official site; a calm 3-day plan with no new topics

Prompts live at testlessons.com/tests/sat/#prompts · How to paste: testlessons.com/lessons/sat-paste-into-chat/

Sources

Primary format and scoring facts: College Board Digital SAT structure and scoring pages (satsuite.collegeboard.org), Bluebook, and the Digital SAT Suite specifications overview. Always re-check those pages — details can change.

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